

Numerology Worksheet

Calculate Your Top 6 Numbers

Add the month, day, and year to get the total. Reduce the total to a 1-digit number. Example: July 7 1984 =

$$7+7+1984 = 1998$$

$$1+9+9+8 = 27$$

$$2+7=9$$

Use the current year to calculate your Personal Year Cycle.

Numbers Based on your Day of Birth

Month	Day	Year	Total

These are lessons you are here to learn and to teach.

- Your Life Path is** _____ All numbers added together and reduced to a single digit
- Your Birth Path is** _____ Day of Birth Only
- Personal Year** _____ Month and day of birth + current year

Numbers Based on Your Name

1	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Complete this chart with your full name ~ the name on your birth certificate

																				Letter Values	Total
																				Full Name	
																				Vowels	
																				Consonants	

Write your full name on the second row and place the value of each letter above it.

Write the letter values of the vowels on the third row.

Write the letter values of the consonants on the fourth row.

Add the numbers in each row and reduce to a single digit.

- Your Expression Number** _____ Full Name ~ this is how you express yourself
- Your Heart's Desire** _____ Vowels ~ your inner urgings
- Your Personality** _____ The impression others have of you

	Qualities	Color	Crystals and Precious Stones
1	Pioneer ~ Beginning, Individuality, Leadership	Red	Ruby, Garnet
2	Supporter ~ Duality, Partnership, Union	Orange	Carnelian
3	Communicator ~ Creativity, Expression, Growth	Yellow	Citrine
4	Salt of the Earth ~ Process, Stabilization	Green	Bloodstone
5	Flexible ~ Change, Freedom, Sensation	Light Blue	Aquamarine
6	Nurturer ~ Sharing, Family, Home	Indigo	Lapis Lazuli
7	Seeker/Mystic ~ Rest, Deeper Truths, The Mysteries	Purple	Amethyst
8	Warrior ~ Success, Power, Achievement	Brown	Diamond, Petrified Wood
9	Transformer ~ Selflessness, Compassion, Endings	Pastels	Geode